IN THE CLAIMS:

1. (currently amended) A method of communicating dietary information between a user and a database comprising:

storing dietary information on a database;

searching the <u>dietary information</u> database to identify specific dietary information meeting user criteria;

manipulating the information to provide a table of <u>dietary</u> information; ~~and~~

transmitting specific dietary information from said table of <u>dietary</u> information accessible to the user from the database<u>; and</u>

<u>transmitting user assessments of the dietary information to the dietary information database for access by future users</u>.

2. (cancelled).

3. (currently amended) The method of claim 1 wherein manipulating the information further comprises evaluating the interaction between the dietary information and medication information <u>and said table of information includes drug/food contraindications</u>.

4. (currently amended) An apparatus communicating dietary information between a user and a database comprising:

a data network;

a plurality of databases operably connected to said data network; and

a computer operably connected to said plurality of databases via said data network, said computer having a storage area, wherein said computer searches said plurality of databases to identify information relating to a plurality of factors as specified by a user of said computer, said databases transmit said identified information to said storage area of said computer via said data network, and said computer manipulates said transmitted information to provide a summary of appropriate dietary information based on said plurality of factors;

wherein said plurality of factors include anthropometric, metabolic, life stage, and dietary prescription data.

5. (original) The apparatus of claim 4 wherein said server computer transmits a location in said storage area containing said dietary information to said user computer.

6. (original) The apparatus of claim 4 wherein said storage area comprises a personal data question template.

7. (currently amended) In a system for communicating dietary information between a user and a database, a computer-readable memory for storing data for access by an application program comprising:

a data structure stored in said computer-readable memory, said data structure including information used by said application program and including:

a plurality of personal data fields;

a plurality of anthropometrics fields;

a plurality of special metabolic needs fields;

a plurality of food preferences fields;

a plurality of health status fields;

a plurality of food allergies fields;

a plurality of life stage fields;

a plurality of dietary prescription fields;

a plurality of cooking complexity fields;

wherein said fields have values and said application program

determines a menu plan <u>for a user</u> based on the manipulation of

said plurality of fields by employing a nutritional and

medication databases <u>to access information based on nutrition</u>

<u>and drug/food contraindications.</u>

8. (cancelled).

9. (currently amended) The data structure of said computer-readable memory of claim 7 further comprising a plurality of evaluation fields to permit evaluation of said application program <u>by said user.</u>

10. (original) The data structure of said computer-readable memory of claim 7

further comprising an address field for sending the user an address location of said

dietary information fields.

11. (new) The method of claim 1 wherein said user criteria comprises

anthropometric data.

12. (new) The method of claim 1 wherein said user criteria comprises metabolic

data.

13. (new) The method of claim 1 wherein said user criteria comprises food

preferences data.

14. (new) The method of claim 1 wherein said user criteria comprises health status

data.

15. (new) The method of claim 1 wherein said user criteria comprises food allergies

data.

16. (new) The method of claim 1 wherein said user criteria comprises life stage

data.

17. (new) The method of claim 1 wherein said user criteria comprises dietary prescription data.

18. (new) The method of claim 1 wherein said user criteria comprises cooking complexity data.

19. (new) The apparatus of claim 4 wherein said user criteria comprises food preferences data.

20. (new) The apparatus of claim 4 wherein said user criteria comprises health status data.

21. (new) The apparatus of claim 4 wherein said user criteria comprises food allergies data.

22. (new) The apparatus of claim 4 wherein said user criteria comprises cooking complexity data.